

Dearest Beloved UOB Community,

This is written to notify you that on August 16, your Board of Trustees voted to change the Unity of Bellevue COVID-19 Policy to lift restrictions for masking and change the policy to focus on individual self-controls, effective October 1, provided the CDC data continued to trend as low risk.

Since August 16, we have monitored CDC data and found that it's continued to trend down for the state of WA and all over the country. You can track the data yourself by clicking on these links: [CDC U.S. data](#) or [CDC county data](#). We have also been monitoring King County data which also reflects low risk; you can review that here: [King County website](#).

Please note that this policy, effective October 1, 2022, will change masking, the need for rapid tests for the unvaccinated, and will revert us back to a one-facility policy instead of zones. Increased airflow and comfort stickers (green, yellow, red) will remain in place for now. Your Board of Trustees will continue to monitor the data for the next few months.

UNITY OF BELLEVUE COVID-19 POLICY, effective 10/01/22

Intent: This policy applies to Sunday service hours (approximately 8:00 am – 6:00 pm) and is crafted primarily for purposes of ensuring a consistent approach to COVID protection for those attending in-person Sunday Meditation Service, Celebration Service, or any other in-facility activities on Sunday.

Masking: Masks are optional for all areas except individual staff offices. UOB will continue to provide masks and will make them available just inside the front entry doors. Staff members may still require masks in their office at their discretion.

Symptoms & Exposures: If you have symptoms or have been exposed to COVID in the last 14 days, we ask that you take a Rapid Test the morning of the Sunday service you wish to attend. UOB will continue to make COVID-19 tests available until we run out of stock or they become expired. Based on CDC data, COVID-19 symptoms may appear 2-14 days after exposure and can be any of the following. Find latest info [here](#).

- Fever or chills
- Fatigue
- New loss of taste or smell
- Nausea or vomiting
- Cough
- Muscle/body aches
- Sore throat
- Diarrhea
- Shortness of breath
- Headache
- Congestion or runny nose

Controls: This policy change is intended to place ownership on the individual based on their individual comfort level. The following controls apply:

1. **Individuals are responsible for**
 - **self-masking** as requested (individual offices) or as desired (all other areas).
 - **self-testing** if exposed or if experiencing symptoms within 14 days of entry.
2. **Policy** to be posted, in summary, on exterior doors.
3. **Airflow.** Prior to Sunday service, the building exhaust vent in the Sanctuary will be turned on to circulate the air and will remain on until approximately 12:00 pm. Also, between 10:00 am – 12:00 pm each Sunday, the windows in the Friendship room will be opened to the extent possible permitted by the weather and the building exhaust vent will be on.
4. **Tags.** Green (Hugs OK!), yellow (ask first), and red (no contact) stickers will continue to be available to help you communicate your physical contact comfort level to others.
5. **Unvaccinated.** No special requirements.

Blessings of Love, Light, and Health,

Jean Polmateer
President, Board of Trustees