

# Board Meeting Guidelines – Spiritual Aspect

## THE CHECK-IN OPTION

**Members should feel spiritually uplifted after a Board meeting, as if they had been to a worship service.**

How do we spiritualize Board Meeting's?

- Pray together, not the thirty second to two minute opening prayer, but a check-in with personal attention to one another and particularly to prayer and fellowship.
- Each person takes two minutes to say what he/she is feeling, what is going on in his/her life, and something for which he/she wants prayer support.
- Someone offers to pray for that need and then takes two minutes to say what he/she is feeling and express the prayer need.

### **Ground Rules:**

- Prayer requests are never mentioned after the prayer time, except by the person who requested. If he or she wants to talk about it, that's okay. But it is theirs' to share, no one else's.
- You may pass.
- One person may not usurp another's right to pass or to request prayer.
- If more time is needed for fellowship, schedule times other than Board meetings to play together. Start prayer partners, go out to dinner, attend movies, in general involve yourselves in one another's lives.