

Change: Am I growing spiritually? Are the teachings transformative? Is this community growing and changing with our changing world? Is our culture enhancing or stifling change and growth?
(Transformation, evolution, growth)

Communication or Clarity: Is there clear and complete communication in all aspects of leadership? Do I trust this community to be honest and authentic? Is there transparency? Will I be informed even when the news is hard? (Clarity, honesty, trust, authenticity, integrity)

How can I be part of co-creating a community where everyone's needs matter and everyone is contributing to the greater good of a mission that is vital and alive? How can I be a beneficial presence in co-creating a conscious community? How can I take self responsibility for this co-creation?

Community Purpose

"Transforming lives and inspiring people to make a positive difference in the world."

"Choose Trust over Fear.

Cultivate Compassion for Self and Others.

Open to the Yet Unknown Possibilities!" from M. Scott Peck

Sailing The 7 C's

**A Voyage of
discovery for
personal &
community
well-being**

I find the great thing in this world is not so much where we stand, as in what direction we are moving: To reach the port of heaven, we must sail sometimes with the wind and sometimes against it, but we must sail, and not drift, nor lie at anchor.
- Marjorie Holmes

**Presented by Rev. Denese Schellink
for Unity of Bellevue**

The greatest journeys are the ones that bring us home. Each of us has wandered into distant lands in pursuit of a more fulfilling, meaningful life and been frustrated by the short-lived satisfaction that these external journeys have yielded.

Universally we all seek peace, happiness, a sense of wellbeing. Just as a sailor without navigation or sense of direction can wander the seas and never find his way home, we too need navigational guidance to find our way home to our *sacred authentic selves*.

You are invited to take this voyage of discovery as we “Sail the Seven C’s” a time tested journey that takes us to the places we most yearn to “live, move and have our being.” As we explore these places together, we may find that what we have been seeking throughout our lives, in all the myriad places and faces we have met, is fulfilled by the experience of the 7 C’s.

While some of these experiences can be solo journeys, most of them are uniquely found in thriving spiritual communities. This then is our goal for this journey: to discover our deepest human and spiritual needs and then discern how we can fulfill them individually and collectively .

This discovery brings us into an awareness of a rich interdependent relationship.

Here then are the *ports of call* we will be visiting on our voyage. After each, there is a self-evaluation question to assist you in assessing how this experience is being currently met in relation to Unity Church of Hawaii. And, finally, a short list of universal needs we all share.

Communion: Do I experience The Holy and The Sacred when we are gathered together in communion with Spirit. (Unity, transcendence, sacredness, peaceful, closeness)

Connection: Do I feel connected to others, to God, to this community and self? (Belonging, joining, linking, welcoming, intimacy, to be known)

Compassion. Do we look out for each other, celebrate milestones and care for each other and the world, beyond the established Sunday experience. (Kindness, empathy, consideration, support, care, love)

Community: Do I belong? Can I find my way and be part of. Are people welcoming? Can I find a place here? Is it safe here? (Open, connection, acceptance, belonging, support, safety)

Contribution: Is there space and a place for me to serve and contribute? Do I get a sense that I matter? Are we making a difference in the world? (Influence, involvement, impact, to matter)