

Wake up with the Women of Unity this Winter!

Sisters in Spirit



Spiritual Growth and Support for the Women of Unity

Second and Fourth Mondays,
6:30 to 8:30 pm

We come together on the second and fourth Mondays of the month to strengthen our bond to the conscious spiritual journey and to one another through exploring New Thought principles and providing spiritual and emotional support in a healthy, purposeful women's community.

Winter 2019 Programs

Getting Conscious; Staying Conscious

1/28, 6:30 to 8:30pm We toss around the word consciousness a lot, but what does it mean? How do we grow in consciousness and how do we stay conscious?

In the Spirit of Unity: Diversity and Inclusion, Part I

2/11, 6:30 to 8:30pm How can we cultivate a diverse and inclusive culture here at Unity, and also in our larger community? We'll call on the wisdom of Dr. Robin DiAngelo, author of *What Does It Mean To Be White?*, and diversity consultant to the United Methodist Church, to stimulate and guide our discussion.

In the Spirit of Unity: Diversity and Inclusion, Part II

2/25, 6:30 to 8:30pm We continue the conversation started on 2/11 but this is also a stand-alone session; you don't need to have attended Part I to participate.

Spiritual Laws and Spiritual Practice, Part I

3/11, 6:30 to 8:30pm To live joyous and fulfilling lives we must align with the spiritual laws that govern the Universe. We'll identify some of those laws and identify ways to put them to work for us.

Spiritual Laws and Spiritual Practice, Part II

3/25, 6:30 to 8:30pm We'll continue exploring spiritual laws and how to use them. This is a stand-alone session; you don't need to have attended Part I to participate.